DIY Hand Sanitizer Recipe

🛒 **2 ingredients**   🕐 **15 minutes**   👥 **1 bottle**

Please read before making this recipe.

Before creating your DIY Hand Sanitizer, ensure that all of the items needed for creating this recipe have been thouroughly cleaned and disinfected. Hand washing is a more effective way of removing germs from hands and homemade hand sanitizers should only be used when handwashing isn't available as an option.

DIRECTIONS

1. Pour all ingredients into a bowl, ideally one with a pouring spout like a glass measuring container.
2. Mix with a spoon and then beat with a whisk to turn the sanitizer into a gel.
3. Pour the ingredients into an empty bottle for easy use, label it "hand sanitizer".

INGREDIENTS

3/4 cup   Isopropyl/Rubbing alcohol (99%)

1/4 cup   Aloe vera gel

10 drops   Essential oil (optional)* or Lemon Juice (optional)

NOTES

Isopropyl or Rubbing Alcohol

It is important that you select a Isopropyl or Rubbing Alcohol that is 99 percent in order to optimize effectiveness against germs.

Aloe Vera Gel

Aloe vera gel is used to keep your hands smooth and it also counteracts the harshness of the alcohol on your skin.

Essential Oil or Lemon

Essential oil or Lemon can be used to add a more pleasant smell to your sanitizer.

*Caution: Essential oils may cause irritation to the skin for some. Ensure that you test the oil on a small section of your skin before adding it to your hand sanitizer. Children should not use homemade hand sanitizers on their skin as they may use them improperly which could lead to a greater risk or injury.