

2020 Goals & Intentions



Balanced goals help you live with intention. Take a moment to visualize your 2020 goals and hold yourself accountable.



Inspiration: 3 things I want to try this year...

1.

2.

3.



Fun and Adventure: 1 place I want to visit...

1.



Personal Growth: 1 thing I want to get better at or learn...

1.



Health: 1 way I want to enhance my health and wellbeing...

1.
