



Lab Tests to Get Annually

Complete Blood Count

Comprehensive Metabolic Panel

Hemoglobin A1C

Lipid Panel (ideally with particle size)

Thyroid Stimulating Hormone Test

Vitamin D

Anemia Panel (or iron, ferritin, folate + vit B12)

Consult your physician to learn how annual blood work and lab tests can identify potential health issues before they become a problem.